

Food for Life



Bradford Dietitians

Food and Nutrition Training Programme October 2016—March 2017

Do you work in the Bradford and Airedale district?
Do you provide food and nutrition advice as part of your role?
Do you want to update your nutrition knowledge and advice?
You may be interested in attending the following training
To book onto a course please contact Sue Bradley on (01274) 365387
or complete and fax the booking form (overleaf)

Bradford Nutrition & Dietetic Service

OCTOBER 2016

06.10.16 Nutrition for Pregnancy
9:30am-12:30 Nutrition Learning Centre,
C1. St Lukes Hospital. Little Horton Lane,
Bradford. BD5 0NA

**11.10.16 First Line Weight
Management for Adults**
9:30am-12:30 Park Lane Centre.
Park Lane. Bradford BD5 0LN.

**18.10.16 Tools for teaching Good
Nutrition (Part 2)** 9:30am—12:30 at
Nutrition Learning Centre, C1. St Lukes
Hospital. Bradford . BD5 0NA (*Follows on
from 'Setting the foundations for Healthy
eating' course*)

NOVEMBER 2016

18.11.16 Nutrition for Older Adults.
9:30am-12:30 Nutrition Learning Centre, C1
St Lukes Hospital, Bradford. BD5 0NA

**29.11.16 Healthy Eating for Families
with Young Children.**
9:30am-12:30 Undercliffe Health centre
(Lower ground floor) 17 Lowther Street,
Bradford. BD2 4RA.

JANUARY 2017

**19.01.17 Healthy eating for Families
with Young Children**
9:30am-12:30 Nutrition Learning Centre, C1
St Lukes Hospital, Bradford. BD5 0NA.

**24.01.17 Nutrition in helping to
Prevent Iron Deficiency Anaemia**
9:30am-12:30 Nutrition Learning centre, C1
St Lukes Hospital. Little Horton Lane.
Bradford. BD5 0NA

DECEMBER 2016

01.12.16 Nutrition for 1-5 Year Olds
9:30am-12:30 Undercliffe Health centre
(Lower ground floor). 17 Lowther Street.
Bradford. BD2 4RA

**06.12.16 Tools for Teaching Good
Nutrition (part 2)** 9:30am-12:30
Keighley Healthy Living centre. 13 Scott
Street, Keighley. BD21 2JH. (*Follows on
from 'Setting the foundations for Healthy
eating' course*)

MARCH 2017

09.03.17 Vitamin D
9:30am-12:30 Keighley Healthy Living centre,
13 Scott Street, Keighley. BD21 2JH

15.03.17 Nutrition for 5-11 year olds
9:30am-12:30 Nutrition Learning Centre, C1
St Lukes Hospital. BD5 0NA

22.03.17 Eating well on a budget
9:30am –12:30 at Park Lane Centre. Park
Lane. Bradford. BD5 0LN.

FEBRUARY 2017

**02.02.17 Nutrition for 11– 16 Year
Olds**
9:30am-12:30 Undercliffe Health care
centre (Lower Ground Floor), 17 Lowther
Street. Bradford. BD5 0NA

08.02.17 Nutrition for 0-1 Year Olds
9:30am-12:30 Nutrition Learning centre,
C1 St Lukes Hospital, Little Horton Lane.
Bradford BD5 0NA

**Public Health
Nutrition Helpline
(staff only)**
01274
783124



Email
dietitians.office
@bthft.nhs.uk

Website
www.
bradfordhospitals.
nhs.uk/dietetics

New Course

Food and Nutrition Training Programme October 2016 - March 2017 Booking Form

Please complete this form and

Fax to: (01274) 365182

Please note a letter of confirmation will be sent out to confirm your place

Course Title:.....

Preferred Date and Venue:.....

Name:.....

Job role:.....

Address: *(for correspondence)*.....

.....

Postcode:.....

Telephone number:.....

Mobile:.....

Email address:.....

Managers Name:.....

Managers Email address:.....

Please note:

- The half day sessions run from 9:30-12:30 with registration from 9am
- Light refreshments only will be served during these courses.
- Please contact Sue Bradley on (01274) 365387 if you are unable to attend a course you have booked on so that your place can be offered to another person or note that a cancellation cost may be incurred.